

Sperm analysis

Region Kennemerland

The sperm analysis is carried out to determine the fertility of your sperm. The most important factors being examined are the concentration and the motility of the sperm.

You have received:

- This form explaining the test procedure and a questionnaire;
- A sterile specimen container* with lid to collect the sperm sample. Please do NOT use any other container;
- An Atalmedial laboratory application form.

*If you have not received a sterile specimen container you can get one for free at one of our locations (please show the laboratory application form).

The procedure:

- The sperm must be obtained by masturbation.
- It is recommended not to have an ejaculation for two or three days.
- Before masturbation you need to wash the penis with water only because soap has a negative influence on the quality of the sperm.
- Do not use a condom because it contains sperm killing substances.
- It is important that you collect all the sperm in the cup and in case of spilling some drops you are requested to mention this on this form (in the questionnaire). State also whether these are the first or the last drops of the sperm.
- The sperm has to be delivered within 45 minutes after ejaculation. In order to prevent the sperm from cooling down too much, you can transport the cup in your trouser pocket or inside the pocket of your coat.

Where and when to deliver:

- You have to make an appointment in advance; contact the Medical Administration of Atalmedial at T. 088 0037 735.
- The sperm has to be delivered on Monday to Friday between 08.00 and 09.00 hours, by appointment.
- You must register in the hospital location, also when you were referred by your GP.
- Please identify the specimen container with your name and date of birth. Deliver the cup, with the application form and the information form at the laboratory on the agreed day/time at the location mentioned below:

O Spaarne Gasthuis, location Haarlem Zuid:

The fertility laboratory is located on the 1st floor of the lab building, which is accessible via the outpatient departments (follow the signs 'laboratorium & fertiliteitslaboratorium'). Visitors address: Boerhaavelaan 22, Haarlem.

For more information: phone (023) 2248306 / (023) 2248307;

No sperm tests are carried out in the laboratory from
December 25 until Januari 1.

Please fill in the questionnaire on the back.

General information

Laboratory application form

Your GP provides you with a laboratory application form. Remember to bring this form with you. Without a fully and correctly completed application we can not help you.

Insurance information and identification

By using our services, you are legally required to show your valid health card or insurance card and ID with a valid passport, drivers license or identity card.

Please check if your insurance information and personal data are correctly filled in. Any inaccuracies can be mentioned to the employee of Atalmedical.

The results

The laboratory sends the results to your GP. He / she will discuss the results with you.

Occasionally, blood or other tissue of patients is used for other purposes, for example in the calibration of laboratory equipment and as testing samples for further analyzes. The material shall be anonymised so that the results are no longer traceable to individual patients. You can appeal if you do not want your material to be used for this purpose. Please contact the laboratory personnel or laboratory management

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Please fill in the following questions:

Name: _____

Date of birth: ____ / ____ / ____

Time of collection: _____ o'clock

Loss:

Yes / No

- If yes: loss of first drops
 loss of last part

Is the sperm being transported at right temperature (between 20 and 37°C)?

Yes / No

Did you have a fever during the last 3 months?

Yes / No

Do you have an appointment at the department gynaecology ?

Yes / No